

Active & Healthy Magazine

An informal publication aimed at physical educators, health educators, fitness leaders and the generalist teacher. The emphasis is on informative articles of interest that underpin the Health and Physical Education curriculum in schools, junior sport, nutrition, fitness and insights into future ways of motivating children and youth to be active and healthy.

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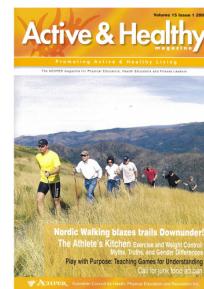
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